

# idea corner

## Never Too Old

The Center for Continuing Education at Colorado State University recently initiated four new programs for senior adults. Because of its philosophy of "Life Long Learning," the center found a way to reach out to the older adult and offer programs that relate specifically to their needs.

The four programs were placed off campus in neighborhoods where the majority of residents were senior citizens. This alleviated any anxiety about strange facilities and poor parking arrangements on campus. Tuition fees were lowered so financial obligation wouldn't hinder the success of the program.

The programs that met once a week and continued for five weeks were:

1. Stretching Your Retirement Income.
2. Creative Writing.
3. Changes That Occur in Later Years.
4. Comparative Religions.

Interaction with various agencies and many people throughout the community to get instructors and speakers for the programs was helpful in promoting adult and continuing education throughout the area.

Working with and for senior adults was a good learning experience. Getting to know the needs and interests was the biggest outcome of the project, and working with this age group was a rewarding and pleasurable experience.

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